Table 2.1Abbreviated Item Content for the SF-36v2® Health Survey Health Domain Scales

Scale	Item	Abbreviated Item Content
Physical Functioning (PF)	3a	Vigorous activities, such as running, lifting heavy objects, or participating in
		strenuous sports
	3b	Moderate activities, such as moving a table, pushing a vacuum cleaner, bowling,
		or playing golf
	3c	Lifting or carrying groceries
	3d	Climbing several flights of stairs
	3e	Climbing one flight of stairs
	3f	Bending, kneeling, or stooping
	3g	Walking more than a mile
	3h	Walking several hundred yards
	3i	Walking one hundred yards
	3j	Bathing or dressing oneself
Role-Physical (RP)	4a	Cut down the amount of time one spent on work or other activities
	4b	Accomplished less than you would like
	4c	Limited in kind of work or other activities
	4d	Had difficulty performing work or other activities (e.g., it took extra effort)
Bodily Pain (BP)	7	Intensity of bodily pain
	8	Extent pain interfered with normal work
General Health (GH)	1	Is your health: excellent, very good, good, fair, poor
	11a	Seem to get sick a little easier than other people
	11b	As healthy as anybody I know
	11c	Expect my health to get worse
	11d	Health is excellent
Vitality (VT)	9a	Feel full of life
	9e	Have a lot of energy
	9g	Feel worn out
	9i	Feel tired
Social Functioning (SF)	6	Extent health problems interfered with normal social activities
	10	Frequency health problems interfered with social activities
Role-Emotional (RE)	5a	Cut down the amount of time spent on work or other activities
	5b	Accomplished less than you would like
	5c	Did work or other activities less carefully than usual
Mental Health (MH)	9b	Been very nervous
	9c	Felt so down in the dumps that nothing could cheer you up
	9d	Felt calm and peaceful
	9f	Felt downhearted and depressed
	9h	Been happy
Reported Health Transition (HT)	2	How health is now compared to 1 year ago